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03 December 2022

From: Chief Executive Officer

TO: Affiliate Presidents
Affiliate Secretaries

CC: SSA Executive Committee Members
Swimming Technical Committee

RE: **GRAND PRIX INVITATIONAL SWIMMING MEETS.**

No 1 Nelspruit Swimming Pool, Mpumalanga 6 & 7 January 2023
No 2 Kings Park, Durban 3 – 5 March 2023

Entry Procedures

Entry Procedure for Grand Prix No 1 - 6 & 7 January 2023

- The entry fee will be R130.00 per swimmer, irrespective of the number of events entered.
- Closing Date for entries for Grand Prix No 1 will be 15 December 2022
- All correspondence regarding entries after the closing date, will be received at the Meeting.
- Entries will be processed by Swimming South Africa – balvant.morar@swimsa.org
- Payment of fees will be paid to:

Account Name: Swimming South Africa
Savings Account
Bank: Absa
Acc #: 1003790807
Branch: The Zone, Rosebank
Branch code: 632005
Ref: Club's name

Grand Prix No 1 will be swum as Timed Finals

President: A. Fritz Vice Presidents J. Naidoo, Z. Molusi, E. Van Veenhuizen
Treasurer: J. Ellis
Members: L. Bignaut, L. Coetzee, X. Palmer, A. Motau, L. Ramatsa
Chief Executive Officer: S. Adriaanse
Hon. Life Member: R Andrews
Hon. Life Presidents S. Ramsamy & G. Sam

PROGRAM OF EVENTS

Friday, 6 January 2023 14:30pm

50m Freestyle Men, Women, 13&u Men, 13&u Women

50m Breaststroke Men, Women, 13&u Men, 13&u Women

50m Butterfly Men, Women

50m Backstroke Men, Women, 13&u Men, 13&u Women

200m Freestyle Men, Women

200m Individual Medley 13&u Men, 13&u Women

Saturday, 7 January 2023 08:30am

100m Butterfly Men, Women

50m Butterfly 13&u Men, 13&u Women

100m Breaststroke Men, Women, 13&u Men, 13&u Women

100m Backstroke Men, Women, 13&u Men, 13&u Women

100m Freestyle Men, Women, 13&u Men, 13&u Women

200m Individual Medley Men, Women

Entry Procedures for Grand Prix No 2

- The closing date for entries for Grand Prix No 2 – Wednesday 8 February 2023 14:00
- All correspondence regarding entries after the closing date, will be received at the Manager's Meeting.
- Entries will be processed by Swimming South Africa
- The entry fee will be R100.00 (R90.00 + R10.00 SSA Levy) per entry. The entry fee for the 800 and 1500 m Freestyle will be payable once the entry has been accepted.
- Heats and Finals will be swum for Grand Prix No 2, where more than 8 entries are received, except for the 800m and 1500m Freestyle, these events will be Timed Finals.
- The top 8 entries for 800m and 1500m Freestyle will be accepted. Swimmers who qualify will be notified immediately after the entries have closed and been processed. Swimmers who qualify for the 800m and 1500m Freestyle, must confirm their acceptance as soon as they have received confirmation of their entries. Withdrawal after acceptance will be subject to a penalty.

- Minimum requirement for entry will be the S A Senior Nationals “B” Qualifying times

PROGRAM OF EVENTS

HEATS Friday 17:00	HEATS Saturday 17:00
FINALS Saturday 10:00	FINALS Sunday 10:00
800m Freestyle Women	1500m Freestyle Men
400m Individual Medley Men	400m Individual Medley Women
200m Freestyle Women	200m Freestyle Men
100m Freestyle Men	100m Freestyle Women
100m Breaststroke Women	100m Breaststroke Men
50m Breaststroke Men	50m Breaststroke Women
100m Butterfly Women	100m Butterfly Men
100m Backstroke Men	100m Backstroke Women
50m Backstroke Women	50m Backstroke Men
200m Butterfly Men	200m Butterfly Women
200m Individual Medley Women	200m Individual Medley Men
400m Freestyle Men	400m Freestyle Women
50m Freestyle Women	50m Freestyle Men
200m Breaststroke Men	200m Breaststroke Women
200m Backstroke Women	200m Backstroke Men
50m Butterfly Men	50m Butterfly Women
4 x 100m Medley Relay Mixed	4 x 100 Freestyle Relay Mixed

2023 S A National Aquatic Championships - “B” Qualifying Times

WOMEN

28:45
1:02:17
2:15:86
4:44:35
10:00:93

32:44
1:09:28
2:30:54
35:75
1:18:26
2:49:58
30:27
1:06:71
2:30:99
2:33:92
5:25:09

50m Freestyle	25:14
100m Freestyle	56:40
200m Freestyle	2:02:65
400m Freestyle	4:24:64
800m Freestyle	
1500m Freestyle	17:59:70
50m Backstroke	28:61
100m Backstroke	1:02:34
200m Backstroke	2:16:59
50m Breaststroke	31:20
100m Breaststroke	1:08:39
200m Breaststroke	2:31:66
50m Butterfly	26:77
100m Butterfly	59:46
200m Butterfly	2:17:25
200m IM	2:17:08
400m IM	4:57:60

MEN

Yours Sincerely



S L Adriaanse
Chief Executive

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